

You Are Not Alone Quotes for Those Who Feel Abandoned

You're not alone.

It's something we commonly say, yet do we ever before think what we really indicate by these words? It implies you're not alone in your suffering. It means that another person feels your discomfort. It implies that, despite what individuals around you say or do, a person around in fact does comprehend what you're undergoing.

So we have a hard time with each other, in a stunning, unfortunate type of method. Understanding that you are not the only one in the battle in some way makes the discomfort really feel a little much less heavy. Weeping seems much more manageable when the rips fall on another person's t-shirt.

Without these battles in your life, you never would be able to really comprehend individuals staring up from the bottom of a trench whose discomfort you have suffered as well, as well as crawled your way to the top. If you're below reading this, it suggests you have actually won your own fights in some way because you're still active and you're still fighting for the life you want.

Do something purposeful with your life. Inspire yourself and others, with the help of these [famous you are not alone quotes from Reneturrek.com](https://www.reneturrek.com), you will feel that you will be always loved:

#1. "It's often just enough to be with someone. I don't need to touch them. Not even talk. A feeling passes between you both. You're not alone." — Marilyn Monroe

#2. "To be alone with yourself is to be alone. To be in the company of others is to be alone together. The only time you are not alone is when you forget yourself and reach out in love — the lines of self blur, and just for a wild, flickering moment, you experience the miracle of others. And now you know the secret." — Vera Nazarian, "The Perpetual Calendar of Inspiration"

#3. "Those who pass by us, do not go alone, and do not leave us alone; they leave a bit of themselves, and take a little of us." — Antoine de Saint-Exupéry

#4. "I looked at him, into his warm gray eyes, and suddenly understood what he was trying to tell me. The message hidden beneath the words. You're not alone. Because he understood. He understood how it felt to be abandoned. Understood me." — Kody Keplinger, "The DUFF: Designated Ugly Fat Friend"

#5. "I am a part of all that I have met." — Lord Tennyson

#6. "We cannot live only for ourselves. A thousand fibers connect us with our fellow men; and among those fibers, as sympathetic threads, our actions run as causes, and they come back to us as effects." — Herman Melville

#7. "Selfish little flower dancing beneath flames, do you dare drift in this wind alongside me? Take my hand and let us see skies untouched by night. You are not alone. Never have, and never will be. Death is only the beginning, but our breath shall reign forever." — H.S. Crow

#8. "There's this special talent that humans have that they can be unhappy no matter where they are. But humans have another special talent: We can be happy almost anywhere, too. We can be happy because we're not alone." — Stefan Bachmann, "A Drop of Night"

#9. "You are never alone.

Somewhere on this Earth,

there is always someone who is there for you.

There is always someone that cares about you and feels your pain.

There is always someone that will understand your story.

Don't be afraid to come out of your shell.

Don't be afraid to interact with people.

Don't be afraid to be who you are.

Dare to dream,

Explore,

and Love.

The outcomes are worth it." — Hina Yu

#10. "Many people need desperately to receive this message: I feel and think much as you do, care about many of the things you care about, although most people do not care about them. You are not alone." — Kurt Vonnegut, "Timequake"

Forget what culture informs you concerning success and also money and staying on top of the Joneses and all the comparative, soul-sucking nonsense. Ralph Waldo Emerson once stated, "To recognize also one life has actually breathed easier because you have lived. This is to have been successful." You don't need to be the leader of a country or have money or power or popularity to change the globe. You simply need to respect people.

You have the power to reveal your care as well as concern for anybody. You can make a difference, whether you're depressed yourself or perfectly satisfied with life.

This is for each and also everyone who has fought the [battle against depression](#), self-hatred, bullying, and also the sensation that you wear, unwanted, and unlovable. I feel for you, I truly do. I have actually been where you are. Yet it improved. Means much better.

This is for the weak as well as the trampled on, the silenced blurs of color fading into the background and the worn-out weary soldiers who cannot progress an additional action.

There is no better as well as more magnificently damaged beacon of hope than the person that has fought against themselves and also made it via to the opposite, as well as continues to combat the great battle each day.

[When life gives you lemons](#), make lemonade. You are not weak. You are brave and also caring, and strong.

As well as you will certainly make it via this.